

TRUSTEE ROLE DESCRIPTION

Joining the Board of Dementia Adventure

This is an exciting time to be joining the Board of a growing and successful charity which thinks differently about dementia and helps others to do the same through its training and delivery of supported holidays. In its 14th year, the charity has gone from strength to strength and is now in the first year of delivering its new three-year strategy. The current CEO joined just a year ago and the Chair three years ago, taking on the role of Chair in August 2021.

About Dementia Adventure

Dementia Adventure thinks differently about Dementia. We look at what people *can* do, not what they can't. We believe that, with the right support, everyone with dementia can get outdoors, experience the wellbeing benefits of nature and enjoy a more active and fulfilled lives.

We offer supported holidays and dementia training for families and friends, and professionals and organisations.

Vision

A more active and fulfilled life for everyone living with dementia.

Mission

Supporting people with dementia to get outdoors and experience the benefits of nature.

Values

Positivity - we look at what is possible, rather than what isn't. We encourage 'positive-risk' taking that enables people with dementia to connect to nature for enjoyment and for their health and wellbeing

Care - we put the individual first, not the condition. We listen and take time to understand what life is like for others. We will work with you to find solutions tailored to your circumstances

Connection - we enable people to connect to the benefits of nature, themselves and their community. To enjoy passions, dreams and interests, and reduce isolation and loneliness

Empowerment - we inform, inspire, and equip you to take action that suits your own circumstances. We work with you, supporting you to make the right choices

Inclusivity - we believe support should be available for everyone living with dementia, and those who support them, regardless of gender, race, religion, ability or socio-economic status.

The Role of Trustee

Being a Trustee is an exciting and fulfilling role. The most effective Boards are ones which benefit from individuals from a diverse range of backgrounds, experiences and skill sets. The role of a Trustee is to ensure a charity fulfils its duty to its beneficiaries and delivers on our vision, mission and values. Specific duties can be found further below.

Time commitment

We estimate an average time commitment of three hours per month. There is an expectation to join one of our five sub-committees which meet two to three times a year, in addition to attending four full board meetings a year, a strategic review and occasional involvement in one-off projects.

Remuneration

The role of Trustee has no financial remuneration, although expenses for travel may be claimed.

Location

Dementia Adventure is based in Ford End, near Chelmsford in Essex, but we work nationally. We therefore hold our meetings online but aim to meet in person at least once a year for a board meeting either in Central London or Essex - this meeting is also digitally accessible.

Duties and responsibilities

The Board of Trustees are jointly responsible for the overall governance and strategic direction of the charity, its financial health, the probity of its activities and developing the organisation's aims, objectives and goals in accordance with the governing document, legal and regulatory guidelines.

The statutory duties of a trustee are to ensure that the charity:

- Pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Complies with its governing document, charity law, company law and any other relevant legislation or regulations
- Applies its resources exclusively in pursuance of its charitable objects for the benefit of the public
- Defines its goals and evaluates performance against agreed targets
- Safeguards its good name and values
- Carries out effective and efficient administration, including having appropriate policies and procedures in place
- Maintains financial stability including the proper investment of funds
- Protects and manages its property
- Follows proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive.

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading or participating in discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

Person Specification

- Strong empathy towards, and understanding of, our work and ambitions
- Evidence of networking within your own area of expertise/experience or within the health and social care sector
- Commitment to promoting equality, diversity and inclusion

- Experience of building and sustaining relationships with key stakeholders and colleagues to achieve organisational objectives
- Willingness to devote the necessary time and effort
- Understanding and acceptance of the legal duties, responsibilities and liabilities of trusteeship
- Commitment to Nolan's seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty and leadership
- Previous trustee experience is useful but not essential, as is experience in health and social care, natural environment, travel or charity sectors