

EVENT	DATE	TIME	LOCATION
Dementia Friends Session	18.01.19	10.30am	Causeway House Braintree CM7 9HB
Cooking with Dementia Day	18.01.19	10:30am	Clacton Fire Station
Dementia Marketplace: Various stalls showcasing dementia support and initiatives: including: <ul style="list-style-type: none"> - East of England Ambulance Dementia Strategy - Information & Update - Collection point for the Play List for Life service & donation point - old MP3 players and chargers. - Promotional information on Play List for Life, - Quality Innovation and training programmes in care homes - Essex Dementia Challenge Prize Finalist and showcase - Refresh App from How Do I? - Information, Advice & Guidance – The Alzheimer’s Society - Singing for the brain, The Alzheimer’s Society. - Support for Essex Carers - Dementia Intensive Support Service (Mid Essex) - 	18.01.19	From 9.30am	The Atrium, County Hall, Chelmsford
Singing for the brain, The Alzheimer’s Society	18.01.19	12 noon – 12.30	High Chelmer Shopping Centre, Chelmsford
Forget me not Dementia Café - Dementia open day for anyone who wants to understand about Dementia or has concerns about a loved one to pop in and find out more.	18.01.19	13:45 - 15:30	The George Hurd Centre, Audley Way, Basildon SS14 2FL
Information Stand, The Alzheimer’s Society	18.01.19	10 am – 3pm	Eastgates Shopping Centre, Basildon
Dementia Friendly Cream Tea,. Tickets £3.50, available from Braintree DAA Telephone 01376 577776	18.01.19	2pm - 4pm	Town Hall, Braintree
Information, Advice & Guidance stand	18.01.19		The Coop, Stanway, Colchester
Singing for the brain, The Alzheimer’s Society	18.01.19	10 am to 12 noon	Community 360 pop-in shop, Colchester Town Centre

Information, Advice & Guidance stand	18.01.19		Community 360 pop-in shop, Colchester Town Centre
<p>The Dementia Community Support Team in Southend, Castle Point and Rochford will be</p> <ul style="list-style-type: none"> - Holding an information stand within Southend University Hospital Foundation offering advice/tips and information for the local area. - Organising the colouring of Forget me Not flowers for patients staying within Hospital with a diagnosis of dementia (to be included in an art project at a later date). - Departments within Southend Borough Council, Rochford Parish Council, Rochford District Council, Castle Point Council and Canvey Town Council are encouraged to show their support by dressing in blue for the day. 	18.01.19	All day	<p>Southend Hospital</p> <p>Southend Hospital</p> <p>Southend, Castle Point and Rochford council offices</p>
<p>Dementia Friendly Tea Dance for tickets (£1.50) and further information visit www.livewellcampaign.co.uk/events/dementia-friendly-tea-dances-in-braintree/</p>	24.01.19	1.30-3.00pm	The Archer Centre Braintree